

LCTKD Info 27th June, 2019

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TaeKwonDo Coloured Belt Gradings, Saturday 28th September, 2019 Cotswolds and Vale Group

This LCTKD Info is for people who are hoping to take their next grading examinations on the above date.

All coloured belt gradings will take place on that day, at:

Broom Village Hall, High Street, Broom B50 4HJ

You must arrive by the time given in this table - but please note the comments below.

Current Grade <i>(that is, the colour of the belt you are wearing now)</i>	Be there by <i>(this is when we need you to be there, and not necessarily your start time)</i>	Be prepared to stay until <i>(this is when we need you to keep free till, but you may finish earlier)</i>
White Belt (10th Kup), Orange Belt (9th Kup) and Yellow Belt (8th Kup)	2.00 p.m.	4.00 p.m.
Green Stripe, Green and Blue Stripe Belt (7th - 5th Kup)	3.30 p.m.	6.00 pm
Blue Belt (4th Kup) and above	5.00 p.m.	8.00 p.m.

*This information is to give you as early a notification as possible. Due to not having all applicant numbers at this point, **please note that times may change**. If there are only a few people in one grading set, we merge it with another to give a better experience for everyone. If this happens we will let everyone involved know in advance.*

Revising for your grading

We are not running any special revision classes this year, but will focus on your grading revision in your normal classes, and your Instructor will want to check that you are ready. So please make sure to attend regularly.

PLEASE MAKE SURE TO READ BOTH SIDES!

What happens at the grading

What to expect of a grading, what you will need to know and demonstrate for each grading up to Black Belt, and a lot of other things are explained in the **Complete TaeKwonDo Handbook**, which you can buy from your Instructor or on line in the LCTKD Shop. If you've not done a grading before, your Instructor will also explain how it works. We encourage family members to come and watch, so do tell them to come along!

What to do if you want to do the grading

If you are hoping to do the grading, you **first of all check with your instructor that they are happy to put you on the list**, and that they have put your name down. Then, you must make sure your training fees are up to date, and if you have one of the old licence books, you have that to bring along, and that you know all the stuff you need to know – which you can look up in the Handbook, and check on our pattern and set sparring revision videos on line or on DVD.

What you need to bring

- Your LCTKD dobuk and your current belt to wear.
- A cold drink and a towel.
- Sparring gear: you don't need any sparring gear for your grading if you are currently a white belt; gloves are compulsory if you are currently 9th Kup (orange belt); gloves plus boots if you are 8th Kup (yellow belt); gloves, boots, and headguard if you are 7th Kup (green stripe) or above.

How to get ready

You need to come to class as much as you can, and if you can remember your stuff, practice at home, too. It helps if you have the **Handbook** (and our Manual will be coming soon), to help you revise at home, and you can get our on-line and on DVD revision **videos**. You can also revise at our special “**Syllabus Recap SuperClass**” where you get two hours of intensive instructor time focused only on the things which you will be doing in your grading. Or you might want to think about booking a **private lesson**, which you can do in our on-line shop or through your instructor.

If you are currently 5th Kup (blue stripe belt) or above, you must successfully complete your **theory test** in class **before** you can take the practical part of the grading. If you have not completed it yet, check with your Instructor when they plan to do it with you. For other grades, you may be asked some **theory questions** by your Instructor in class before the grading day, and we may also ask you questions on the day, so be sure to read your handbook.

Grading fee

There is a fee for your grading. It would help us a lot if you pay your grading fee in advance through our on-line shop at www.lctkd.com. That's much cheaper than paying on the day, and you can also take advantage of additional family and low income discounts, which are not available on the day.

You can still pay on the day, if you prefer, by cash or cheque to Mr Neil R. Hall. **Note that fees on the day are £25 for each student and no discounts apply.**

If you are a white belt, and you have bought a new LCTKD dobuk from our shop, you benefit from our first dobuk / first grading deal, which means that your grading fee is considered to be already paid. If you're not sure whether you did buy your dobuk from us, get in touch and we can check for you.

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